

New Medicine Diane 35: Brand & Generic Online - in Australia

Diane 35: Key Details You Need to Know

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A freeze frame of the crestic and Aims

Diane 35 is a combined oral formulation that contains cyproterone acetate 2 mg and ethinylestradiol 0.035 mg. Although it has contraceptive properties when used exactly as directed, in Australia it is most often prescribed for androgen related disorders such as persistent acne and excessive hair growth (hirsutism). It is commonly offered when first line measures fail or are inappropriate.

If contraception is your main goal, consult a clinician to compare methods because a different path contraceptives may have a more favourable risk profile. Safety notes can be found here; please see them. [alert and general safety essential precautions](#) and for legal details see [Australian constitutional law notes](#).

Best practices for using Diane 35

Follow the prescription from your healthcare professional. Typical administration is as follows:

- Start on day 1 of the menstrual cycle or on the day recommended by your prescriber; some clinicians permit starting between days 2 and 5.
- Take one tablet at about the same time every day for 21 consecutive days, then stop for 7 days to allow withdrawal bleeding. Begin the next pack after the 7 day interval even if bleeding continues.
- If vomiting occurs within 3 to 4 hours after a dose, take another tablet as soon as possible and follow the missed tablets advice in [Missed tablet protocol](#).
- Do not increase the daily dose and do not alter the schedule without medical steady direction. If planning pregnancy, ask your prescriber how to discontinue safely.

Therapeutic benefits for acne and hirsutism may take several months. Continue treatment only under follow up and reassessment.

Plan for missed tablets

- If you are less than 24 hours late: take the missed tablet immediately in addition to then take the next tablet at the usual time. No extra contraception generally required.
- If you are 24 hours or more late or have missed more than one tablet: take the most recently missed tablet now, continue active pills at the usual times, and use barrier contraception for the next 7 days.
- If missed tablets occur in the last week of active pills: you may be advised to skip the tablet-free interval and start the next pack immediately. Follow your prescriber or leaflet instructions.
- Vomiting or severe diarrhoea within a few hours of dosing: treat as a not taking my dose and consider additional protection as above until normal dosing has resumed for 7 days.

For pack specific rules consult the patient information leaflet or your pharmacist.

Drug Interaction Mechanisms

Numerous medicines and herbal products can change the blood levels or effects of Diane 35. Always provide a full list of what you take to prescribers and pharmacists.

- Strong enzyme inducers such as rifampicin, rifabutin and some anticonvulsants (carbamazepine, phenytoin, topiramate) can lower hormone concentrations and reduce effectiveness.
- Certain antiretroviral agents (for example those containing ritonavir or efavirenz) may alter exposure to hormones.
- St Johns wort tea can reduce contraceptive effectiveness.
- Concurrent use of anticoagulants like warfarin may require closer keeping track of metrics and dose adjustment.
- Combined oral contraceptives can reduce lamotrigine levels; surveillance of system activity and dose adjustment of lamotrigine may be needed.

If you must take an interacting drug your clinician may recommend additional contraception during and after the interacting treatment. See [how to take a photo Diane 35](#) for questions that involve timing.

Probable secondary consequences

Most users tolerate Diane 35 without major problems, but harmful consequences can occur. Many of the mild effects settle after a few cycles.

- Nausea or mild abdominal discomfort
- Headache, mood changes or irritability
- Increased breast sensitivity and changes to libido
- Spotting between periods or changes in menstrual flow
- Weight fluctuation or fluid retention
- Altered skin oiliness depending on individual response

Stop the medicine and seek immediate medical attention if you develop symptoms suggestive of a blood clot (sudden chest pain, breathlessness, one sided leg swelling),

a new severe pressure in my head or visual disturbance, or signs of liver dysfunction such as jaundice.

Advisory: Protective measures and Hazard warnings

- Migraine with aura is an important contraindication. If you develop aura stop the tablets and get urgent advice; see [contraindicated groups for Diane 35](#).
- Smoking markedly increases the risk of cardiovascular events, particularly in women older than 35 years.
- A history of liver disease, hormone sensitive cancers, or previous thromboembolic events requires careful assessment before prescribing.
- Obesity, recent major surgery, long periods of immobilisation and a strong family history of venous thromboembolism raise clot risk.
- Do not use during pregnancy. Use during breastfeeding is usually discouraged unless a clinician advises otherwise.

Always discuss all medical conditions and medications with the prescriber. If your health status changes while on Diane 35, revisit these precautions and seek medical review.

Who should steer clear of Diane 35

Avoid Diane 35 in the following situations unless a specialist advises otherwise:

- Known or suspected pregnancy, or current breastfeeding without medical endorsement
- Current or prior venous thromboembolism, stroke, myocardial infarction or other major cardiovascular disease
- Severe hepatic impairment, liver tumours or unexplained vaginal bleeding
- Current or past breast cancer or other estrogen dependent tumours
- Migraine with aura at any age
- Women older than 35 who smoke
- Uncontrolled hypertension or diabetes with vascular complications

If you are uncertain whether any of these apply to you, obtain medical advice before starting Diane 35.

Overdosed Care Advice

Accidentally taking more tablets than prescribed can increase typical indirect effects such as nausea, vomiting, abdominal pain and pressure in my head. If you suspect an drug overdose, contact your doctor, your local emergency services or the Poisons Information Centre on 13 11 26 to get immediate practical guidance.

Global efficient storage helps minimize clutter and maximize space. and Handling Rules

- Store in a cool, dry place below 25 C and keep tablets in their original packaging.
- Protect from direct sunlight, moisture and heat.
- Keep out of reach and sight of children and do not use after the expiry date on the pack.
- Bring any unused or expired medicines to a pharmacy for proper disposal.

Exploring Optional routes and Comparisons

If Diane 35 is unsuitable or unavailable, several other options may be discussed depending on whether the main goal is acne/hirsutism management or contraception.

Medications with similar ingredients or purpose

- Generic cyproterone acetate plus ethinylestradiol products (same active composition)
- Other combined oral contraceptives used for acne: drospirenone containing pills (for example Yaz or Yasmin), levonorgestrel containing combined pills
- Non-hormonal or estrogen free contraceptives: copper IUD, progestogen only pill, levonorgestrel IUD or etonogestrel implant
- Antiandrogen therapies: spironolactone (off label for acne and hirsutism; requires real time monitoring) or finasteride in selected cases for hirsutism

- PCOS adjuncts and dermatology treatments: metformin for metabolic features of PCOS, topical retinoids, benzoyl peroxide, oral antibiotics, and isotretinoin for severe acne under specialist care

Risk profiles differ: for example, some combined pills carry a different venous thromboembolism risk than cyproterone containing products. Discuss pros and cons, metric monitoring needs and costs in conjunction with your prescriber.

Quoted Price Range in Australian Dollars

Prices depend on brand, pharmacy and whether a PBS subsidy applies. These are indicative retail ranges for a single monthly pack (21 active tablets):

- Generic cyproterone plus ethinylestradiol: approximately AUD 12 to 28 per pack.
- Branded Diane 35: approximately AUD 20 to 40 per pack.
- Other combined oral contraceptives: typically AUD 10 to 35 depending on brand and subsidy arrangements.

Note: products containing cyproterone for acne are frequently not subsidised on the PBS, so private prescription cost is common. For savings ask about generic plan B routes, pharmacy discounts, or whether PBS eligibility criteria apply in your case.

Australia's notes pertaining to law and regulation

- Diane 35 and equivalent generics are classified as Schedule 4 prescription only medicines on the soil of Australia. A valid Australian prescription is required for supply.
- Dispensing must be performed by registered pharmacies operating under Australian regulations.
- The Therapeutic Goods Administration (TGA) and clinicians consider venous thromboembolism risk when prescribing cyproterone containing products; smoking, age, obesity and personal or family history are assessed.
- Online pharmacies in Australia may supply Diane 35 only with a valid prescription. Under the TGA Personal Importation Program a limited personal supply may be imported subject to rules and prescription requirements.
- Prescribing for minors is judged case by case by the clinician. There is no over the counter supply of Diane 35.

- Report suspected adverse events to the TGA via their Adverse Event Reporting system.

Always ensure prescriptions originate from an authorised Australian prescriber and confirm the results PBS status with your prescriber or pharmacist when cost is a concern.

Express FAQs

How long before acne improves?

Many patients see improvement after 2 to 3 cycles, with more marked benefit by about 4 to 6 months. Continue under medical supervision for assessment of effect and tolerance.

Should Diane-35 be used just for preventing pregnancy?

Yes it is effective as contraception if taken correctly, but in Australia clinicians often prefer other contraceptives if the sole aim is pregnancy prevention, because of clotting risk differences. Discuss the other ways in [A Survey of More choices and Comparisons](#).

What should I do if I develop a migraine while using this drug?

If you develop a migraine with aura or a sudden severe episodic headache, stop the tablets and seek urgent medical advice. Review situations in which therapy is not appropriate in the health record. [Who should not be on Diane 35](#).

Will my bleeding pattern change?

Many users experience predictable withdrawal bleeding during the tablet free week; early cycles may include spotting or lighter bleeding.

Do I need a prescription in Australia?

Yes. A valid Australian prescription is required for Diane 35 and equivalent generics. See [Australian legislation and regulation brief](#) details: see below.

- [Against the Brand, Does Generic Diane 35 Deliver Equal Efficacy? A Study](#)
- [Does Vidalista Black generic provide the same relief as the brand?](#)
- [Viagra Professional over the counter More choices: 7 options approved by doctors in 2026](#)

[Additional info about Diane 35](#)

