

Convenient online purchase of Super Cialis in 2026 - in the UK

7 Super Cialis over the counter Alternatives endorsed by medical professionals in 2026

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A quick look at the product

SuperCialis is presented as a combined oral tablet intended to treat two male sexual health issues at once: erectile dysfunction (ED) and premature ejaculation (PE). It pairs tadalafil, a phosphodiesterase type 5 inhibitor, with dapoxetine, a short acting selective

serotonin reuptake inhibitor. The most common single-tablet composition marketed overseas is tadalafil 20 mg plus dapoxetine 60 mg.

A brief survey of the main points of the key points:

- Typical tablet content: tadalafil 20 mg and dapoxetine 60 mg.
- Primary use: men with coexisting difficulty achieving or maintaining erections and early ejaculation.
- Onset expectations: tadalafil can start to work in as little as 20 minutes for some users; dapoxetine commonly needs around 40 to 50 minutes to become effective.
- Duration: tadalafil may support erectile response for up to approximately 36 hours when sexual stimulation occurs.

Quick access: read how to handle this situation in [Administration operation guidelines](#), dosing in [How to dose and handle a missed one dose](#), the act of engaging with others with others are the core of collaboration. in [Adverse pharmacologic the act of connecting with others are the heartbeat of social platforms. between drugs](#), and law oriented information in [Regulatory notes for the UK](#).

Potential users for this solution

This combination is designed for adult men who experience both ED and PE and for whom a combined pharmacological approach may be appropriate. Dapoxetine is normally licensed for use in men aged 18 to 64 when clinically indicated. The combined tablet is not suitable for women or for anyone under 18.

A clinician should determine whether a combined product is the best option or whether prescribing tadalafil and dapoxetine separately would allow safer dose adjustment. If only ED or only PE is present, a backup option single-agent treatments are usually considered. See [Comparable medicines and substitute options](#) for option selections.

Administrative procedure guidance

Follow the directions given by a qualified prescriber. General practical advice includes:

- Take one tablet with a full glass of water. It can be taken with or without light food.
- Plan dosing about 30 to 60 minutes before sexual activity; the dapoxetine element often needs closer to 40 to 50 minutes to act.
- Avoid fusing elements alcohol with this medicine to reduce the risk of dizziness and low blood pressure.

- Do not use grapefruit or grapefruit juice around dosing because this can affect medicine levels.
- Do not add other erectile dysfunction medicines unless a prescriber explicitly advises doing so.

If you feel faint or unusually drowsy after taking the tablet, sit or lie down and seek medical help if symptoms persist. Review [Notices on protective measures and alerts](#) and [Undesirable peripheral effects](#) prior to beginning use.

Advice for dosing and what to do about a i forgot to take the dose

The fixed-dose formulation that is often seen contains tadalafil 20 mg plus dapoxetine 60 mg. Some prescribers prefer to give the two drugs separately so that each component can be titrated; for example, lower tadalafil doses or dapoxetine 30 mg may be used in selected patients.

Important dosing rules:

- Never take more than one tablet in a 24 hour period.
- If you forget to take a tablet before planned activity, take it only if you still need it and it is safe to do so. Do not take two tablets to make up for a one dose was skipped.
- Patients with significant liver or kidney disease, or those on interacting drugs, may need a modified regimen. Follow prescriber instructions closely.

Risk warning notices and safety steps

Be aware of the following safety guidelines to keep in mind before and during use:

- Moment of lightheadedness, lightheadedness, drowsiness, blurred vision or fainting have been reported. Avoid driving or operating machinery until you know how the tablet affects you.
- Factors that increase the risk of low blood pressure include alcohol, very hot environments, dehydration, fever, or heavy physical exertion. Rise slowly from sitting or lying to reduce fainting risk.
- High alcohol intake can aggravate chronic headache, palpitations and hypotension. Keep alcohol consumption low or avoid it when taking this medicine.

- Sexual activity itself can strain the heart. Seek immediate medical help for chest pain, severe breathlessness, sudden fainting, or other cardiac symptoms.
- This product does not protect against sexually transmitted infections; use barrier protection if required.

Related content [Drug mutual interaction considerations](#) and [Conditions precluding use](#) for situations where the product should not be used.

Exclusion criteria for therapy

Do not take this combination and consult a prescriber urgently if any of the following apply:

- You are taking nitrates for angina or recreational nitrites (poppers) because combining these with tadalafil can cause dangerous falls in blood pressure.
- You have severe liver impairment or advanced kidney disease.
- You are allergic to tadalafil, dapoxetine or any ingredient in the tablet.
- You have had a recent myocardial infarction (heart attack) within the last 90 days, a recent stroke within 6 months, uncontrolled or unstable heart disease, or uncontrolled blood pressure problems.

Also discuss use with a clinician if you have a history of fainting, seizures, significant psychiatric conditions, bleeding disorders, or any current suicidal thoughts or behaviours, as dapoxetine affects serotonin pathways.

Conversational online a mutual exchange of ideass connect users across distances. caused by medicines

Many medicines and some foods can interact with tadalafil and dapoxetine. Before any action begins, stopping or changing any drug, show a complete list to your prescriber or pharmacist. Major the exchange that happens when people meet categories include:

- Nitrates or nitrovasodilators: absolute contraindication because of severe hypotension risk.
- Alpha blockers and other antihypertensives: combined effect may cause symptomatic low blood pressure.
- Strong CYP3A4 inhibitors such as ketoconazole, itraconazole, clarithromycin or ritonavir: can raise concentrations of tadalafil and dapoxetine and increase adverse effects.

- Other serotonergic medicines (SSRIs, SNRIs, MAO inhibitors, tramadol, triptans, linezolid, lithium): combining with dapoxetine may increase the risk of serotonin syndrome.
- Beverages containing alcohol and grapefruit juice: may worsen lingering reactions or alter blood levels of the drug components.

If in doubt, consult your pharmacist and do not hide the use of supplements or herbal remedies such as St Johns wort tea, which can interact with dapoxetine.

Adverse medical effects

Many people tolerate the combination well, but common and less serious effects include:

- Dull head pain with red cheeks
- Loss of balance sensation, drowsiness or a feeling of faintness
- Nausea and mild stomach upset
- Congested nasal passages with a runny nose
- Mild back or muscle aches

Visit the emergency room urgently for a possible concussion rare but severe reactions such as a painful erection lasting longer than 4 hours (priapism), sudden loss of vision or hearing, severe allergic responses, difficulty breathing, or signs of serotonin syndrome (for example agitation, high temperature, rapid heartbeat, stiffness, or confusion).

If lingering reactions are persistent or interfere with daily life, contact your prescriber or pharmacist to discuss a different route plans.

Product brief

Many combined tablets available from overseas sellers are film coated and contain tadalafil 20 mg plus dapoxetine 60 mg. Splitting, crushing or modifying a coated tablet is not recommended unless the manufacturer or a clinician confirms it is safe to do so.

Some prescribers favour separate prescriptions for tadalafil and dapoxetine so that each drug can be adjusted independently to optimise benefit and reduce post use effects. Remember: do not exceed one dose in 24 hours for the dapoxetine component.

Guidelines for internal storage refers to built in memory in devices.

Store tablets in their original packaging in a dry place at 20 to 25 degrees C, away from direct heat and sunlight. Ensure that neither children nor pets can reach or see this. Dispose of unused or expired medicines safely in line with local clear guidance.

Other options plus analogous medicines

Treatment choice depends on whether ED, PE, or both are present. Contingent options include single-agent medications, non-drug measures, or combination strategies using separate prescriptions.

Possible avenues for erectile dysfunction treatment

- Tadalafil alone (Cialis or generic) 2.5 to 20 mg, available as on demand or low-dose daily therapy.
- Sildenafil (Viagra or generic) 25 to 100 mg on demand.
- Spedra, the Avanafil brand 50 to 200 mg for faster onset in some users.
- Vardenafil (Levitra or generic) 5 to 20 mg.
- Non pharmacological: vacuum devices, psychological therapies, lifestyle modification and pelvic floor exercises.

Solutions for premature ejaculation

- Dapoxetine (Priligy) 30 or 60 mg as an on demand oral option for PE.
- Topical anaesthetics such as lidocaine-prilocaine creams or sprays to reduce penile sensitivity.
- Behavioural techniques, counselling and, in selected cases, longer acting SSRIs used off label under specialist supervision.

In the UK many clinicians prescribe tadalafil and dapoxetine separately to allow individualized dosing. Discuss pros and cons of a combined tablet versus separate items with the guidance of your prescriber. For the legal aspects to consider review meeting [Summary of Notes on UK regulatory updates](#).

Everyday costing model in the United Kingdom

Prices vary by pharmacy, pack size, brand, and whether the service is private or NHS. The approximate private price tiers below give an idea of costs in GBP for small packs, as of typical market levels:

- Generic sildenafil 50 to 100 mg: about 5 to 12 pounds for a pack of 4 tablets.
- Generic tadalafil 10 to 20 mg: roughly 8 to 20 pounds for 4 tablets; branded Cialis often costs 20 to 50 pounds for 4 tablets.
- Vardenafil 10 mg: approximately 15 to 35 pounds for 4 tablets.
- Avanafil alias Spedra 100 to 200 mg: around 20 to 40 pounds for 4 tablets.
- Dapoxetine 30 to 60 mg: approximately 20 to 45 pounds for a small course (for example 6 tablets).
- Unlicensed combined tadalafil plus dapoxetine items offered by overseas sellers may be advertised at 2 to 5 pounds per tablet, but quality, legality and supply into the UK are uncertain.

Notes:

- Some ED medicines are available on the NHS in restricted circumstances; otherwise most treatment is provided privately with consultation fees in addition to medicine costs.
- Registered UK online pharmacies may charge consultation and dispensing fees; ensure you factor these into total cost.

Summary of UK statutory regulation notes

Important legal and key safety considerations for UK residents:

- Tadalafil and dapoxetine are prescription only medicines in the UK and must be supplied by or against a prescription from a UK prescriber after an appropriate clinical assessment.
- A combined fixed dose tablet marketed as SuperCialis is not licensed by the Medicines and Healthcare products Regulatory Agency (MHRA). Importing or purchasing unlicensed versions carries risks, including seizure of goods at the border and lack of known quality or safety data.

- Online pharmacies and suppliers should be registered with the General Pharmaceutical Council (GPhC). Legitimate UK pharmacies display a GPhC registration number merged with the MHRA distance selling logo when applicable.
- Age restrictions apply: supply is to adults aged 18 and over following clinical checks and identity verification where required.
- Possession of legally prescribed medicines for personal use is permitted; selling or re-supplying prescription medicines is illegal.
- Sildenafil 50 mg (Viagra Connect) is a Pharmacy (P) medicine available without a prescription after a pharmacist consultation in the UK, but tadalafil and dapoxetine remain prescription only.

When using online clinics, ensure the prescription comes from a UK prescriber and that the dispensing pharmacy is UK registered. Avoid overseas sites that do not provide verifiable clinical assessment or transparent registration details.

Questions that are asked most frequently

Can I drink alcohol while taking SuperCialis?

It is advisable to limit or avoid alcohol. Alcoholic beverage product can increase dizziness and lower blood pressure when combined with the product. See [Medication possible hazards from interactions among individuals](#) and [Safety guidelines and cautions issued](#).

How long does the impact last?

Tadalafil can support erectile response for up to about 36 hours in many users, although sexual stimulation is still required. The ejaculation delaying effect of dapoxetine is shorter and usually works for several hours after dosing.

Can I use other ED tablets at the same time?

No, do not combine these two components. this tablet with other ED medicines unless your prescriber has specifically advised it. Combining treatments can produce dangerous blood pressure falls and other undesirable effects. See [Procedures for administration guidance](#).

Is this item suitable for women shoppers?

No. The combined tablet is intended for adult men. Women should not use this product.

When should I seek urgent medical help?

Request urgent medical attention for a potential problem. chest pain, sudden fainting, sudden loss of vision or hearing, signs of severe allergic reaction, symptoms consistent with serotonin syndrome, or an erection lasting longer than 4 hours. See [Undesirable effects](#).

- [What Are the 7 Possible secondary effects of Dapoxetine? Here's What to Know](#)
- [A Quick Guide to Deltasone: Uses and Adverse reactions](#)
- [2026 doctor approved Augmentin over the counter Options to consider compilation](#)

[Additional info about Super Cialis](#)