

# Buying Modafresh: Indian Supplier Listings - in the UK

## Modafresh: What It Does and Why It Matters

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## Preface and Recap

Brand discussed

Modafresh  
Active substance in the product  
Modafinil  
Commonly reported cues  
Narcolepsy as a neurological sleep disorder, excessive daytime sleepiness related to obstructive sleep apnea, shift work sleep disorder  
Available tablet dosage strengths  
100 mg and 200 mg

Modafresh contains the wakefulness-promoting drug modafinil. It can reduce excessive sleepiness but does not cure the underlying disorder. Continue condition-specific treatments such as CPAP for obstructive sleep apnoea while using Modafresh.

This page is an independent educational rewrite and is not a substitute for personalised medical advice. Shortcuts: go to [dosing](#), [online interacting with others](#), [connect users across distances](#), [prices](#) or [legal remarks](#).

## Who is Modafresh indicated for?

Clinicians may offer modafinil to adult patients to improve daytime alertness in specific situations:

- Residual daytime sleepiness in patients with treated obstructive sleep apnoea
- Narcolepsy disorder, including cases with or without cataplexy
- Shift work sleep disorder, to help maintain alertness during work periods

Modafinil is not a replacement for sleep or for disease-specific therapies. Its role is symptom control while other treatment a backup route choices are continued. Check [UK rules and regulations](#) before considering purchase routes.

## How modafinil operates in the brain

The exact the way this operates is complex and not fully defined. Modafinil affects multiple neurotransmitter systems, including dopamine, norepinephrine, histamine and orexin pathways, leading to increased wakefulness. It differs from classic stimulants and is often less likely to cause severe jitteriness at standard doses, although individual sensitivity varies.

Effects are usually noticeable within 1 to 2 hours and may last across a typical work shift. It will not reverse the effects of inadequate sleep, so continue to prioritise restorative sleep and sleep hygiene. If it is disrupting night sleep preview timing in the [dosing](#) a section.

## Dosing strategies and administration

Act on the instructions provided by your prescriber. Typical adult dosing patterns include:

- Narcolepsy disorder or daytime sleepiness related to OSA: commonly 200 mg once each morning on waking
- Shift work sleep disorder: commonly 200 mg taken approximately one hour before the shift begins

Tablets may be swallowed with or without food. If you experience difficulty sleeping at night, avoid taking doses late in the day. Patients with significant liver impairment or some older adults may require lower doses; consult your prescriber for individualised advice. For contraception implications see [contraception guidance](#).

## Advisory on risks and safety measures

Inform your prescriber if you have or have had any of the following:

- Psychiatric illness including anxiety, bipolar disorder, previous psychosis, or history of substance misuse
- Disorders of the liver or kidneys
- Disease of the cardiovascular system such as prior myocardial infarction, uncontrolled hypertension, coronary artery disease or structural heart problems
- Pregnancy, trying to conceive, or breastfeeding.

Modafinil can reduce the effectiveness of hormonal contraception. Use reliable non-hormonal contraception or add a barrier method during treatment and for at least two months after stopping. See [methods of contraception, while pregnant and lactating](#) and [the exchange between peoples across departments improve alignment](#) for further information at hand.

Until you know how modafinil affects you, be cautious when driving or operating machinery. Some people may experience changes in judgment, alertness, or coordination, especially when starting or changing dose.

## Who should not take Modafresh

- Anyone with a known hypersensitivity to modafinil, armodafinil or any excipient in the tablet

- People under 17 years of age, since modafinil is not routinely licensed for this age group

Avoid alcohol while taking modafinil. Alcoholic beverage may unpredictably increase or decrease the medication's effects and can raise the chance of adverse reactions.

## Possible negative effects

Commonly reported unintended effects include:

- Migraine with dizziness and nervousness or anxiety
- Nausea, stomach upset, reduced appetite or diarrhoea
- Inability to drift off, nasal congestion, or back pain

Although not a direct intended effect, appetite changes may lead to weight variation. Seek urgent medical attention if you develop a severe skin rash, swelling of the face or throat, chest pain, hallucinations or suicidal thoughts.

Suspected adverse reactions in the UK can be reported to the MHRA through the Yellow Card scheme; see [notes on regulatory changes](#) details are provided here.

## Impact of meals on drug absorption

Provide your prescriber and pharmacist with a complete list of prescription and over-the-counter medicines, supplements and herbal products. Primary points of contact include:

- CYP2C19 substrates may have altered levels (examples include diazepam, omeprazole, propranolol, clomipramine, phenytoin) and may need monitoring and logging or dose adjustment
- Warfarin is one example of an anticoagulant medication.: modafinil can alter INR; increased monitoring and logging is advised when starting or stopping
- CYP3A4 substrates may have reduced exposure (examples include some hormonal contraceptives, cyclosporine, midazolam) so extra contraceptive prudent measures and clinical monitoring and logging may be necessary
- Monoamine oxidase inhibitors: avoid combining with MAO inhibitors unless under specialist supervision

Concurrent use of other stimulants or large amounts of caffeine may increase nervousness, palpitations and insomnia. Liquor and spirits may unpredictably change the effects of modafinil.

## Contraception, gestation, and lactation

Modafinil induces certain liver enzymes and can decrease the effectiveness of hormonal contraceptives including combined oral contraceptives, patches, rings, implants and some intrauterine systems. While taking modafinil and for at least two months after stopping, use a reliable non-hormonal method or add a barrier method.

If you are pregnant or planning pregnancy tell your prescriber. Modafinil is usually avoided in pregnancy unless the expected benefit justifies the risk. Discuss breastfeeding plans with your clinician, as it is not clear whether modafinil passes into breast milk at clinically important levels.

For additional safety information resources see [Notices of warning and risk mitigation steps](#) and [Interpersonal engagements](#).

## Steps to take for a forgot to take my dose

If you miss one of your doses late in the day or near bedtime, skip that dose to avoid sleep disruption. Do not attempt to compensate for a missed tablet by taking a second dose. If the one dose was missed is earlier in the day and you still need to remain alert, you may take it when remembered, provided it will not interfere with night sleep.

## Excessive dose of medication situation requiring urgent care

Signs of experiencing an overdose may include agitation, restlessness, rapid heart rate, high blood pressure, tremor, severe nausea or persistent insomnia. For medical emergencies in the UK dial 999. For urgent but non-emergency advice contact NHS 111 or your local emergency department.

## Storage module and handling operations

Store tablets in the original packaging at room temperature, away from moisture, heat and direct sunlight. Put medicines in a place other than the bathroom. Keep all prescription and over the counter medicines out of sight and reach of children and pets. Do not use after the expiry date shown on the package.

## Substitute medicines and analogous drugs

Other treatments that clinicians may consider for excessive daytime sleepiness and narcolepsy include:

- Solriamfetol (Sunosi): a norepinephrine dopamine reuptake inhibitor licensed in the UK for EDS in narcolepsy and OSA; usually once daily
- Pitolisant (Wakix): a histamine H3 receptor inverse agonist that can improve wakefulness and may reduce cataplexy
- Stimulant class medications such as dexamfetamine or methylphenidate, used under specialist supervision in selected cases
- Sodium oxybate (Xyrem, Xywav): used mainly for cataplexy and severe disrupted night sleep in narcolepsy and administered under specialist care
- Armodafinil: the R-enantiomer of modafinil; availability and licensing vary by country
- Modafinil generics and other brand names (for example Provigil, Modalert, Modvigil): these contain the same active substance though not all versions are licensed or routinely supplied in the UK

Choice of therapy depends on diagnosis, presence of cataplexy, comorbidities, likely frequent the networked exchange of ideas boost coordination., tolerability and cost. For rough vendor cost analysis for price comparisons see [UK retail prices](#).

## Price guide for Britain expressed in GBP

Costs vary with whether treatment is prescribed on the NHS, obtained privately, your exemption status and pharmacy fees. The following are indicative private cost tiers only:

- Modafinil 200 mg generic: approximately 1.50 to 3.00 GBP per tablet; roughly 45 to 90 GBP per month
- Modafinil 100 mg generic: approximately 1.00 to 2.00 GBP per tablet; around 30 to 60 GBP for a typical 30 day supply
- Solriamfetol (Sunosi): typically around 60 to 120 GBP per month privately, depending on dose
- Pitolisant (Wakix): commonly several hundred GBP per month, for example 250 to 600 GBP or more
- Sodium oxybate: high cost and specialist supply, often costing many hundreds or thousands of pounds per month

On the NHS in England a prescription charge usually applies per item unless you are exempt or have a Prescription Prepayment Certificate. In Scotland, Wales, and Northern Ireland, NHS prescriptions cost nothing. Local formularies and commissioning decisions influence which options are routinely funded.

## UK legislation and regulatory risk notes

- Prescription status: Modafinil is a prescription-only medicine (POM) under the Human Medicines Regulations. Supplying it without a valid prescription is unlawful.
- Controlled drug status: Modafinil is not classified under the Misuse of Drugs Act, but it remains illegal to sell or supply it without a prescription.
- Buying online: Use only UK-registered drug retail outlets. Legitimate providers are regulated by the General Pharmaceutical Council (GPhC) and should be listed by the MHRA among approved distance sellers. Websites should display registration details.
- Importation: Importing prescription medicines for personal use without a valid UK prescription risks seizure by border authorities and may breach medicines regulations.
- Driving and licensing: Significant sleep disorders may have to be declared to the DVLA. Do not drive if you feel sleepy or otherwise impaired; seek clinical advice on fitness to drive.
- Sporting controls: Modafinil is prohibited in competition by WADA. Athletes must check anti-doping rules and may require a therapeutic use exemption.
- Safety reporting: Report adverse reactions in the UK to the MHRA Yellow Card scheme.

If you are unsure about legal issues or the legitimacy of a supplier, consult your pharmacist or prescriber. Look up information the dosing details page. [Dose delivery and administration](#).

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- [Extra Super Viagra High level briefing: Vital Facts for 2026](#)
- [Nolvadex dosage guide: forms, strengths, administration details, and more](#)
- [Therapeutic Efficacy of Generic Fluoxetine Relative to Other Options](#)

[Additional info about Modafresh](#)

