

Viagra Professional: Discreet no prescriptions Issued by Medical Doctors - in the UK

How to secure Viagra Professional as a generic medication

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Macro view

The active ingredient listed is sildenafil citrate, the same molecule present in branded Viagra, pharmacy-sold Viagra Connect and many generics. The label "Viagra

Professional" is a marketing name sometimes used to imply a formulation with faster onset or higher marketed strength, but pharmacologically the active substance remains sildenafil citrate.

Typical tablet strengths encountered in erectile dysfunction (ED) treatment in the UK are 50 mg and 100 mg. The primary licensed use for these preparations is the management of erectile dysfunction in adult men. Note that sildenafil is also an authorised treatment for pulmonary arterial hypertension under different brand names and dosing schedules; those products are managed separately by specialists and are not interchangeable without medical advice.

This medicine is not approved for improving athletic performance or for body building. For guidelines for legal and purchasing matters jump to [The status of the law in Great Britain](#), and for price estimates see [Cost levels in the UK](#). For practical use and administration details, go to [Guidance on prescribed dosage guidelines and directions](#).

The way the device operates

Sildenafil belongs to the phosphodiesterase type 5 (PDE5) inhibitor group. During sexual arousal the body increases nitric oxide release, which raises cyclic GMP (cGMP) levels in penile smooth muscle. Elevated cGMP leads to muscle relaxation and increased blood flow into the penis. By blocking PDE5, sildenafil reduces the breakdown of cGMP and supports erection in response to stimulation. Erections need arousal to be triggered.

Administration directions and dosage

- Starting dose: many clinicians begin with 50 mg for most adults; depending on tolerability and response the dose may be lowered to 25 mg or raised to a maximum of 100 mg.
- Timing before activity: take about 15 to 60 minutes prior to sexual activity. Some users report onset near 15 to 20 minutes; others may need close to an hour.
- Frequency limit: use no more than one dose within a 24 hour period; do not split or double doses.
- Effect of food: a large high fat meal can delay absorption and slow onset; a light meal usually allows faster action.
- Grapefruit: avoid grapefruit or its juice while taking sildenafil as it can raise blood levels (see [Pharmacologic two-way communication in actions are the heartbeat of social platforms](#)).

Always follow the prescriber's directions or those of your pharmacist. If you develop chest pain, severe fainting, sudden vision changes, or an erection lasting more than 4 hours, seek urgent medical attention. For medicines that must not be taken with sildenafil, consult [Drug the act of connecting with others alerts](#).

Safety procedures

- If you have a known allergy to sildenafil or any component of the tablet, do not take it.
- Inform your clinician about heart conditions such as angina, heart failure, arrhythmias, recent heart attack or stroke, uncontrolled high or low blood pressure.
- Mention any eye problems including retinitis pigmentosa or previous episodes of non-arteritic anterior ischemic optic neuropathy, and any sudden hearing loss.
- Existing liver or severe kidney disease may require dose adjustments.
- Be cautious if you have penile anatomical abnormalities such as Peyronie disease or are at risk for priapism.
- Older patients may be more sensitive to dizziness or drops in blood pressure.
- Alcoholic beverage item can reduce erectile response and add to dizziness; keep alcohol intake limited.

Provide your full medication list to the prescriber and pharmacist so they can check for a reciprocal exchanges can be viewed as exchanges of facts and figures. (see [Drug two-way communication in action prevention](#)).

Exclusion criteria for therapy

- Concurrent use of any nitrate-based medication for chest pain or heart conditions, including glyceryl trinitrate and isosorbide preparations, or recreational 'poppers'.
- Use together with soluble guanylate cyclase stimulators such as riociguat.
- Documented hypersensitivity to sildenafil or tablet ingredients.
- Not indicated for women or individuals under 18 years of age.
- Those advised to refrain from sexual activity due to significant cardiovascular risk should not use sildenafil until cleared by a clinician.

Interactions between parties between medications

- Other ED drugs: avoid uniting these. sildenafil with tadalafil, vardenafil, avanafil or an additional sildenafil dose.
- Nitrates and nitrites: simultaneous use risks severe and near term potentially life threatening falls in blood pressure.
- Alpha blockers and antihypertensives: may cause symptomatic hypotension; medical advice and timing adjustments could be necessary.
- Strong CYP3A4 inhibitors such as ketoconazole, itraconazole, ritonavir, cobicistat and certain macrolide antibiotics can raise sildenafil exposure and may require dose change or avoidance.
- Grapefruit products can increase levels and undesired effects; avoid consumption while taking the medicine.
- Excessive alcohol intake can worsen dizziness and reduce effectiveness.

Discuss all prescription drugs, over the counter medicines and herbal supplements with your healthcare team before starting sildenafil. If you are stable on an alpha blocker, obtain prescriber advice prior to beginning sildenafil.

Reactions you may notice

The vast majority of detrimental outcomes are mild and transient. Frequently reported reactions include:

- Headache pain plus facial flushing
- Nose congestion or runny nose
- Poor digestion or tummy ache
- The symptom of dizziness or lightheadedness
- Stool with loose consistency

Seek emergency help if you experience any serious signs such as:

- Chest pain, collapse, or severe fainting
- Sudden loss or disturbance of vision, including colour changes

- Sudden hearing loss or a marked reduction in hearing, with or without ringing
- Allergic reactions including rash, facial or throat swelling, or difficulty breathing
- Priapism is a painful erection that persists for more than four hours.

If you notice unexpected symptoms not listed here, consult your doctor or pharmacist.

Missed dose in schedule

Sildenafil for ED is taken on an as-needed basis, not on a daily schedule. If you skip a planned dose do not take extra to compensate. Only one dose per 24 hours is allowed.

In an fatal overdose

Signs of experiencing an overdose may include severe dizziness, collapse, chest discomfort, nausea, irregular heartbeat or marked visual disturbance. If you suspect an experiencing an overdose, do not wait to get medical help. In the UK call 999 for emergencies or 111 for urgent health advice when the situation is not life threatening.

Personal remote storage solutions reduce on site clutter.

- Keep at room temperature, ideally between 20 and 25 degrees C, away from dampness and direct sunlight.
- Store in the original blister or container and keep out of sight and reach of children and pets.
- Do not store in bathrooms, beside sinks or near heat sources.
- Do not use after the expiration date printed on the pack. Ask a pharmacist about safe disposal of any leftover or expired tablets.

Comparable drugs and another route pharmacopoeia

There are several a second possibility PDE5 inhibitors and non-pharmacological approaches for ED. Choice depends on onset, duration, side effect profile and individual response.

- Tadalafil (Cialis and generics): longer duration — up to about 36 hours — available for both on-demand use and a once-daily low dose option.
- Avanafil with brand name Spedra: often has a rapid onset for some users, sometimes within 15 minutes, with an effective window around 6 hours.
- Vardenafil (Levitra and generics): onset typically within 25 to 60 minutes, lasting approximately 4 to 6 hours.

Non-drug strategies include vacuum erection devices, psychosexual therapy, improving lifestyle factors such as weight loss, regular exercise, reducing alcohol intake and stopping smoking, and diagnosing and managing underlying medical causes like diabetes or hypertension.

For pulmonary arterial hypertension separate specialist products such as Revatio (sildenafil for PAH) or Adcirca (tadalafil for PAH) are prescribed with different dosing and monitoring and logging; these are not interchangeable with ED doses without specialist input.

If sildenafil at the maximum recommended dose is ineffective, a clinician can advise on switching to another PDE5 inhibitor, combining with non-medicinal approaches, or investigating other contributing conditions.

Prices for goods in the UK

Price depends on brand, strength, pack size, pharmacy and whether supply is over the counter, private prescription or NHS. The figures below are approximate ranges in Great Britain pounds sterling (GBP) and subject to change.

- Viagra Connect 50 mg (pharmacy supply without prescription): commonly around 19 to 25 GBP for a pack of 4 tablets.
- Generic sildenafil 50 mg or 100 mg obtained via private prescription or online clinics: often between 1 and 3 GBP per tablet depending on strength and pack size.
- Branded Viagra 100 mg on private prescription: can range roughly 8 to 15 GBP per tablet.
- Avanafil: Spedra 100-200 mg via private route: typically in the region of 6 to 12 GBP per tablet.

- Tadalafil generic 10-20 mg: commonly 1.50 to 5 GBP per tablet; branded Cialis tends to be more expensive.
- NHS prescriptions in England: standard NHS prescription charges apply per item unless you are exempt; ED medicines are normally supplied privately unless there is a clear clinical reason for NHS prescribing as judged by an NHS clinician.

When purchasing pit options against each other total costs from reputable UK pharmacies and include any consultation, dispensing and postage fees. For buying rules and safe online suppliers, see [How status of lawful recognition is defined in the UK](#).

The status of the law in Great Britain

- Classification: sildenafil 50 mg sold as Viagra Connect is classified as a Pharmacy (P) medicine in the UK. Pharmacists will assess suitability before sale. Other sildenafil strengths and certain presentations remain Prescription Only Medicines (POM).
- Age restriction and suitability checks: supplied only to adults aged 18 or over. A pharmacist or prescriber will ask about medical history, current medicines and symptoms to confirm safety.
- Online purchasing: use UK-registered healthcare providers only. Verify General Pharmaceutical Council (GPhC) registration and MHRA compliance. Avoid unregulated or unverified websites and suspiciously low priced offers that may be counterfeit.
- Importation: importing prescription medicines into the UK without a proper prescription can result in seizure by border authorities. Obtain medicines through lawful UK channels.
- Driving and operating machinery: do not drive or use machinery if you experience dizziness, fainting or vision changes while taking sildenafil.
- Sporting rules: sildenafil is not banned by WADA/UKAD for general use; it is not licensed as a performance enhancer. Athletes should follow sport-specific disclosure rules where relevant.
- Pharmacy assessment: expect questions about heart disease, current blood pressure medicines, nitrate use, and recent cardiovascular events as part of a safe supply check.

See [Usage directions and dosage](#) for how to take pictures the medicine and [Adverse engagement and communications can be viewed as exchanges of knowledge. among drugs](#) for medicines that should not be combined with sildenafil.

FAQs

How quickly does sildenafil start to work and how long does it last? Most people notice an effect within 15 to 60 minutes. The typical effective window is about 4 to 6 hours, but individual experiences differ.

Is taking sildenafil with meals or alcohol recommended or not? Yes. A heavy, high fat meal may delay onset. Moderate alcohol is acceptable but excessive drinking can reduce effect and increase residual effects such as dizziness.

Can sildenafil be used with nitrates? No. Combining sildenafil with any nitrate medicine or recreational nitrites is dangerous and must be avoided. See [Therapeutic the interaction between participants profiles for drugs](#).

Is it safe to take more than one tablet if the first is ineffective? No. Do not exceed one dose in a 24 hour cycle. Discuss a contingency option doses or additional treatment approaches with a clinician; see [Different medicines and related formulations](#).

What is the difference between Viagra, Viagra Connect and generic sildenafil? They all contain sildenafil citrate. Differences are in branding, pack sizes, regulatory route of supply and price. A pharmacist can advise on suitability and cost effective options.

- [How to procure Super Cialis in its generic variant](#)
- [What to Expect: 6 Harmful effects of Remeron](#)
- [Comparative Efficacy of Accutane Generic Against over the counter Further options](#)

[Additional info about Viagra Professional](#)